AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY

Ayaam Fatimiyya

THE DAYS OF FATIMAH (A)

PROJECT BOOKLET

Imam Ali (A):

She was a flower nipped in the bud, who came from paradise and went to paradise, but has left her fragrance in my mind.

Yabn az-Zahra Headbands

Objective: Students will create headbands that read "O son of Zahra," referring to Imam Mahdi's (AJ) favorite title: Yabn az-Zahra. The purpose is to reinforce the importance of *wilaayah* through the example of Sayyidah Fatimah (A) as the first defender of the Imam of her time (A). We will then teach them to defend and obey the Imam of their time, the son of Zahra (A), Imam al-Hujjah (AJ).

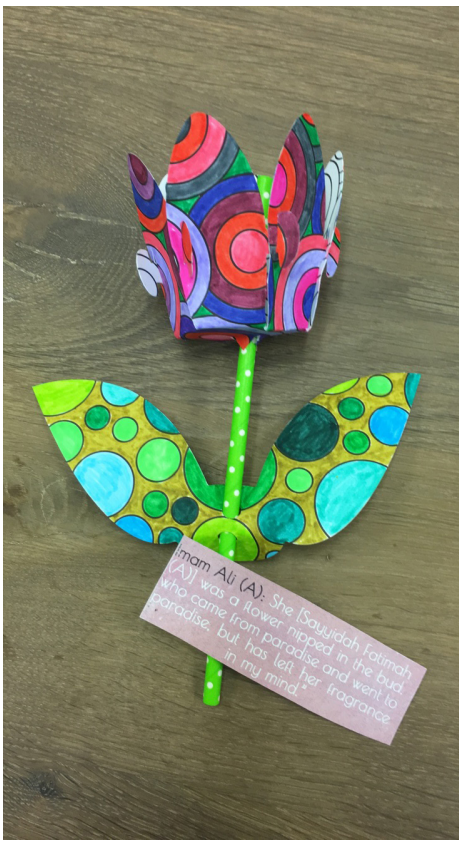
Materials:

- Black fabric strips
- Fabric paint
- Yabn az-Zahra stencils (optional)

Procedure:

1. **SAY:** Does Anyone know why we are here today? *Wait for students to respond.* Yes, today we are here to remember Sayyidah Fatimah az-Zahra (A), and how she was very brave and worked very hard to listen to her Imam (A) and defend him! Who can tell me who Sayyidah Fatimah (A)'s Imam was? Do you know? *Wait for children to respond.* Yes, it was Imam Ali (A)!
    a. Do you know why Sayyidah Fatimah (A) had to defend her Imam?
    b. Allah told Rasulullah (S) that after he leaves this world, Imam Ali (A) would be the Imam. What does this mean? It means that whatever Imam Ali (A) tells us to do, we should obey him, and listen to him, and follow his directions because they are the directions of Allah. Do you know what happened after Rasulallah left this world?
        i. The people didn't listen to the Prophet (S) and wanted to take the place of Rasulullah. They did not want to do what Allah wished and follow Imam Ali (A). This is not good, because when you do not follow your Imam, you do not follow what Allah wants you to do! This means you will be lost and it will be easy for Shaytaan to trick you!
    c. So, Sayyidah Fatimah (A) took her children's hands and went from home to home in Madina knocking on the doors and telling the people the truth, that they should obey Imam Ali (A) and accept him as their leader so that they are not lost and tricked by Shaytan.
    d. It is very very important that we know the Imam of our time and follow him. Do you know who the Imam of our time is? *Pause for answers*. Yes you are right! It is Imam Mahdi (ajtfs)!
        i. Did you know that he loves each and every one of us very very much, and he prays for us, always hoping that we will make good choices and do what Allah wants us to do? Our Imam (AJ) is here, with us, and he knows what we say and do. We cannot see him with our eyes though, because he is in ghaybah! But we can always feel him with our hearts! We should always send our *salaam* to Imam Mahdi (AJ). He is the grandson of Sayyidah Fatimah (A) and his favorite nickname is Yabn az-Zahra, O Son of Zahra.
2. **ASK:** What can we do to follow and defend our Imam? *Wait for answers*.
    a. Yes! We should follow Allah's rules. Who helps us with following rules? Yes! We have very smart and faithful teachers who help us while we cannot see Imam Mahdi (AJ) and we call them Maraajae. Do you know who some Maraajae' are today? Yes! Sayyid Ali Khamenei, may Allah protect him. Yes! Sayyid Sistani, too.
    b. We should always try our best to serve Allah by making good choices, and we can show our love and obedience to Imam Mahdi (AJ) by doing what is right, even when it's hard! Who can give me some examples? *Allow kids to share examples*.
3. **SAY:** These are headbands, and warriors wear them. We are going to make headbands that say Yabna az-Zahra to show that you are a warrior against Shaytaan and that you will always follow your Imam (AJ) so that you stay on *Siraat ul-Mustaqeem*, the straight path. This path, inshaAllah ,will lead us to *Jannah*, heaven, and nearness to Allah.
4. Pass our headbands and fabric paint. Allow students to write Yabn az-Zahra (يَا ابْنَ الزَّهراء) in Arabic or English on their headbands. Allow them to dry overnight.

A Flower from Heaven



Objective: Students will learn the importance of Sayyidah Fatimah (A) to Imam Ali (A) and how he felt about her departure.

Suggested Ages: 5+

Time: 45 Minutes

Materials:

- 3D Tulip Kit (http://www.orientaltrading.com/color-your-own-3d-tulips-kit-a2-13763532.fltr?prodCatId=550178)
- Markers or colored pencils
- String or yarn
- Hadith printouts (Attached, hole-punched in corner)

Procedure:

1. Narrate the following hadith to the students or write it on the board: "She [Sayyidah Fatimah (A)] was a flower nipped in the bud, who came from paradise and went to paradise, but has left her fragrance in my mind." -Imam Ali (A)
2. Ask them what they think it means when Imam Ali (A) says that Sayyidah Fatimah (A) is like a flower who came and went back to paradise? What does "fragrance" mean in this hadith? Consider the following talking points:
   a. When people use fragrances, do they bring you good memories?
   b. By saying that she was "nipped in the bud," what did that mean about Sayyidah Fatimah (A) and her time with Imam Ali (A)?
   c. How is her fragrance still with us?
3. Pass out a blank paper tulip to each student. They can decorate the tulip and thinking of all the beautiful colors in Jannah and how Sayyidah Fatimah (A) was the flower.
4. When they are done, help students use string to tie the hadith onto their flowers.

Imam Ali (A): She [Sayyidah Fatimah (A)] was a flower nipped in the bud, who came from paradise and went to paradise, but has left her fragrance in my mind."

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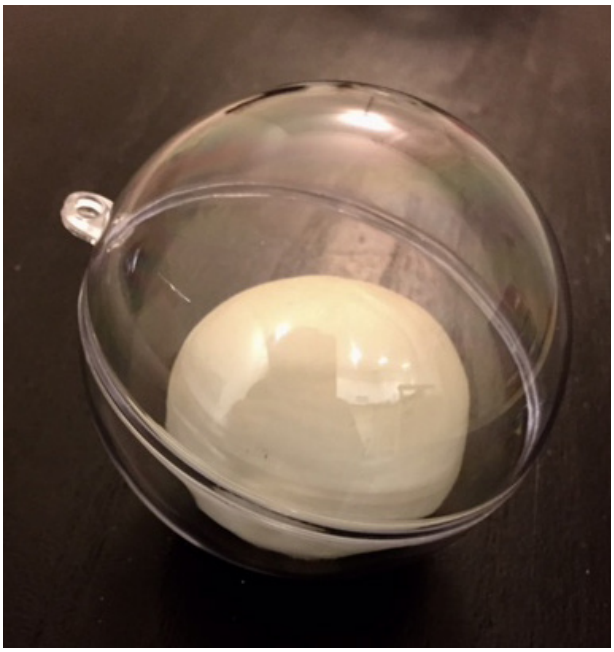
The Soul and Body



Objective: To create an awareness of the relationship between the soul and the body, and how our behaviors shape our soul. This will be exemplified through malleable material, such as playdough or clay, confined within a clear shell that breaks away. The teacher will relay actions of a fictional character, and based on the character's actions, the kids will deform or correct the playdough shape through pinching, rolling, etc. Also, the teacher will exemplify how *istighfar* (repentance) or positive behavior/ akhlaq/deeds correct the soul.

Materials:

- Clear fillable ball ornaments that break open (http://www.craftoutlet.com/40mm-clear-fillable-ball-ornament-set-of-12)
- Clay, playdough, or putty, preferably a whitish color
- Sharpies

Procedure:

1. **SAY:** Does anyone know why we are here today? *Wait for students to respond*. Yes, today we are here to remember Sayyidah Fatimah az-Zahra (A), and how she had the most beautiful soul, like a bright, white, pearl of light! Do you know what a soul is? Are you a soul? Or are you a body? What do you think? *Allow students to answer*.
    a. Yes, you are a soul and Allah put you inside this this body (move fingers, touch nose) so that you can survive in this world and use your body (point to head and heart) to grow very, very close to Allah inshaAllah!
2. **SAY:** Did you know that Allah created all of us as souls. Everyone in the entire world that ever lived was a soul! Allah asked us all if we wanted to come to this world. We all said yes! This is why we are sitting here. Why do you think we all said yes to coming to earth? *Allow students to answer*.
    a. Allah told us that this world will be a test, and we have to make sure to always remember Him and always do our best to obey Allah. Allah told us that if we pass this test in the world, we will have a much better reward and we will be able to be much, much closer to Allah! That is why we are here! ee wanted to come to this world and pass the test so we can have a huge beautiful reward.
3. **SAY:** Our bodies are like our space suits. They help our soul survive on this Earth, and we should use our bodies to move, eat, or do things that will help us pass this test and make us closer to Allah. What are some ways you can use your space suit/body to make your soul closer to Allah? *Pause for responses*
    a. Help Mom clean, bring Dad a glass of water when he comes from work, visit a sick friend. If your sibling is crying, help him/her feel better and be happier.
    b. **SAY:** Very good! These things will make our souls brighter, so we can be closer to Allah!
4. **SAY:** One day, Allah will take our souls back to Him. We will leave our spacesuits (open the ornament), and when we leave our spacesuits behind, our soul will go towards Allah (take playdough out and move it up towards the sky). We want to make sure that our soul is beautiful and glowing with light so that we can receive a big reward from Allah just like Sayyidah Fatimah az-Zahraa (A) did! She cared very much for others and she helped them, and she always obeyed Allah so much, and she defended her Imam (A).
    a. Teachers can make up a name for their playdough/ornament and tell the children a story about what this person is doing and ask the kids if the soul is becoming prettier or if there are marks and damage happening (e.g., so and so lied and said they finished their food before eating dessert, what happens? Oh no, there is a dent. They do istighfar and promise Allah that they will never lie again. Alhamdullilah! They have smoothed their soul again! etc.)
5. Pass out ornaments and play dough. Allow students to beautify their souls (play dough) by writing down good deeds on it with sharpies.

Prayer Jar

Objective: Students will learn the importance of prayer and the love and respect we should have for our neighbors.

Suggested Ages: 5+

Time: 45 Minutes

Materials:

- Prayer Jar Kit (http://www.orientaltrading.com/family-prayer-jar-craft-kit-a2-13743013.fltr) (or any jar & small discs)
- Markers
- Avery 2" Round Labels (12/sheet)
- Prayer Jar Front & Back Labels (Attached)

Procedure:

1. Narrate the following story:
2. Imam Hasan (A) kept trying to close his eyes as he lay in bed. His mother had just tucked him in. However, he couldn't keep from looking at his mother, who was sitting on her prayer rug in the corner of the room. He tried to turn and think of other things, but the whispers of his mom's dua kept him wake. Imam Hasan (A) couldn't believe that his mother Sayyidah Fatimah (A) was always praying for her neighbors.
3. As he listened quietly, he could hear his mother ask specifically in her prayer for the needs and safety of each and every neighbor that he knew. She would ask Allah (A) for no one else but her neighbors. Imam Hasan (A) couldn't contain himself! His mother prayed until morning, and he had stayed up all night listening to the beautiful duas that his mother had been reciting for each and every neighbor. But his mother never once prayed for herself.
4. As the family arose for morning prayers, Imam Hasan (A) approached his mother and said, "Oh dearest mother, last night as you prayed, you only prayed for our neighbors. Why did you not ask Allah for something for yourself?"
5. Sayyidah Fatimah (A) smiled widely and replied, "Oh my dearest Hasan. Haven't you heard, first your neighbors, then yourself? We must always pray to Allah for the needs of others before we pray for ourselves."
   Imam Hasan (A) knew his mother to be wisest and best of the women. He knew that she was always surrounded by the Angels, and had learned that his own grandfather, the Holy Prophet of Islam had said, "She is a part of me!"
6. Ask them to think about what the story was about. Consider the following points:
   a. Why is it important to pray for others?
   b. Do you know anyone who needs your prayers?
   c. How can we use prayers to help others?
7. Tell students that we are going to follow Sayyidah Fatimah's (A) advice by creating our own prayer jars!
8. Pass out the prayer jar kit. Explain to students that on each chip, they should write down the name of one of their neighbors or friends. Once they only have a few chips left, then they should write their family members.

MY PRAYER JAR

MY PRAYER JAR

MY PRAYER JAR

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MY PRAYER JAR

MY PRAYER JAR

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MY PRAYER JAR

First our neighbors, then ourselves

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The Noor of 'Ibaadah

Objective: Students will understand the effects of '*ibaadah* (worship) on the soul through the sincere and constant worship of Sayyidah Fatimah az-Zahra (A).

Materials:

- Glow in the dark markers and black cardstock
- OR mini glass mason jars and glow-in-dark paint with long paint brushes (http://diyjoy.com/crafts-for-teens-diy-mason-jar-lights)

Procedure:

1. **ASK:** Does everyone know why we are here today? *Wait for students to respond.* Yes, today we are here to remember Sayyidah Fatimah az-Zahra (A) and why she is so special in the eyes of Allah. Can anyone tell me who Sayyidah Fatimah az-Zahra (A) is?
   a. She is the daughter of Rasulullah, Prophet Muhammad (S). Her mother is Hadhrat Khadija, and her husband is Imam Ali (A).Her children are Imam Hasan (A), Imam Husain (A), and Sayyidah Zainab, and Sayyidah Umm Kulthum.
   b. Sayyidah Fatimah (A) is very special to Allah and the Prophet (S). Rasulullah said, "Whenever Fatimah is angered, Allah is angered, and whenever she is pleased, Allah is pleased."
2. **SAY:** Sayyidah Fatimah (A) had a lot of *imaan* (faith), and this is what made her *noor* shine very bright in the heavens
   a. What is noor? *Wait for responses*. Yes, it is a very bright light that Allah made and He put in all of our souls and hearts. The more we do good and the more we believe and trust in Allah, the stronger this *noor* becomes!
   b. One of the nicknames of Sayyidah Fatimah (A) is az-Zahra (which means pure, white brilliant) because when she would stand in her place of prayer (*mihraab*), her *noor* would shine so brightly that the angels would see her as a bright twinkling star, just like how we see very bright stars in the dark.
3. Give students examples of the *'ibaadah* of Sayyidah Fatimah (A). E.g., she cared for the poor (fed them and gave her belongings to them), she loved and took care of the Prophet of Allah, her love and constant connection with the Qur'an, her prayers all night for the neighbors, etc. (any stories about Sayyidah az-Zahra (A) that relay her faith)
4. **ASK:** What can we do to make our *noor* brighter? *Wait for children to give examples*. Yes, when we make good choices for the sake of Allah, our *noor* becomes much much brighter! When we do things *qurbatan ilallah*, to become closer to Allah, it is like we are recharging our noor and we become like twinkling stars too.
5. **SAY:** Today, we are going to see how we can make our *noor* stronger! We have glow-in-the-dark paint/markers today. These markers/paint need to be close to bright light to become brighter themselves. This is similar to how we make good choices to become closer to Allah, who is *Noo-run 'alaa-Noor*, our light becomes stronger.
6. Pass out black card stock with glow-in-the-dark markers OR Mason jar activity that can be re-charged under a light source.
7. **SAY:** Imagine if you were an angel and you saw a bright bright glittering star, draw it here and always remember this is what Fatimah az-Zahra (A) looked like to the angels!
8. **ASK:** Did you know that the house in which people recite Quran and are good to one another, the angels see a bright glittering star too?

Sayyidah Fatimah (A): The Separator from the Fire

Objective: Students will learn the importance of loving Sayyidah Fatimah (A), as her virtues and nobility keep us from the Fire.

Suggested Ages: 5+

Time: 45 Minutes

Materials:

- Tissue paper kit (http://www.orientaltrading.com/pentecost-tissue-paper-sign-craft-kit-a2-13757481.fltr?categoryId=550055)
- Avery 2" Round Labels (12/Sheet)
- Hadith Template for Labels (Attached)

Procedure:

1. Narrate the following hadith to the students or write it on the board: Prophet Muhammad (S) said, "My daughter was named Fatimah because Allah has totally separated her and those who love her from the fire."
2. Ask them what they think it means when the Prophet (S) says that about Sayyidah Fatimah (A) and those who love her? Consider the following talking points:
   a. What virtues does Sayyidah Fatimah (A) have that would help us stay away from the fire?
   b. The strength and love that Sayyidah Fatimah (A) had can teach us how to stay away from the Fire, like the dove in our craft today.
   c. How can we make sure that we stay away from the Fire? How can we show our love for Sayyidah Fatimah (A)
3. Pass out the tissue kit and a sticker to each child. The sticker will be added when students are done adding the tissue to their project.

Prophet Muhammad (S):

My daughter was named Fatimah because Allah has totally separated her and those who love her from the fire.

Prophet Muhammad (S):

My daughter was named Fatimah because Allah has totally separated her and those who love her from the fire.

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